



**% Childhood overweight in the European Union (EU27)
Measured heights & weights**

Country	Year of Data Collection	Age Range	Boys	Girls	Cut Off Used
Austria	2003	8-12yrs	22.5	16.7	90 th Centile
Belgium	1998-9	5-15yrs	27.7	26.8	85 th Centile
Bulgaria	2004	5-17yrs	22	17.9	IOTF
Cyprus	2003	11yrs	30.2	28.8	IOTF
Czech Republic	2005	6-17yrs	24.6	16.9	IOTF
England	2007	5-17yrs	22.7	26.6	IOTF
France	2006-7	3-17yrs	13.1	14.9	IOTF
Germany	2008	4-16yrs	22.6	17.6	IOTF
Greece	2005-6	10-12yrs	45	37	IOTF
Hungary	2005	7-14yrs	25.5	25.9	IOTF
Republic of Ireland	2005-6	2-15yrs	27	25	IOTF
Italy	2008	8-9yrs	35.9*	35.9*	IOTF
Italy (on map)	2001-2	8-9yrs	32.4	30.9	IOTF
Netherlands	2003	5-16yrs	14.7	17.9	IOTF
Poland	2000	7-17yrs	16.3	12.4	IOTF
Portugal	2008	7-14yrs	23.5	21.6	IOTF
Scotland	2010	12-15yrs	32.7	34.3	85 th centile
Slovakia	2001	7-17yrs	17.5	16.2	IOTF
Slovenia	2007	6-17yrs	28.7	24.4	IOTF
Spain**	2000-2	13-14yrs	35	32	IOTF
Spain	1998-00	5-17yrs	32.9	22.9	IOTF
Sweden	2000	10yrs	17	19.5	IOTF

* Data not available by gender overweight in all children were calculated

** Separate overweight & obesity data not available so older below data shown on map

**% Overweight in the European Union (EU27)
Self Reported Heights & Weights**

Country	Year	Age Range	Boys	Girls	Cut Off
Denmark	2005/6	11,13 & 15yrs	10.3	9.0	IOTF
Estonia	2005/6	11,13 & 15yrs	12.7	7.0	IOTF
Finland	2005/6	11,13 & 15yrs	18.7	13.0	IOTF
Latvia	2005/6	11,13 & 15yrs	10.0	5.7	IOTF
Lithuania	2005/6	11,13 & 15yrs	10.3	4.7	IOTF
Luxembourg	2005/6	11,13 & 15yrs	15.0	10.0	IOTF
Malta	2005/6	11,13 & 15yrs	31.0	28.0	IOTF
Romania	2005/6	11,13 & 15yrs	14.7	8.7	IOTF

It is important to note that self-reported data is notorious for inaccuracy in estimating BMI. The degree of inaccuracy generally varies by age, gender, socio-economic class, education, nationality and ethnicity and other factors.

**Sources and references are available from obesity@iaso.org.
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